



Simply the right plan for you

HUMANA
one

Choose the plan that's right for you



The right blend of features and benefits

- › Choice of in-network deductibles that range from \$1,000 to \$7,500*
- › Large network so you're covered when you're at home or traveling
- › Coverage for annual exams and physicals
- › Portability if you move to another state
- › Discounts on eye care and vision services
- › Optional dental, life, and prescription drug coverage

* Family in-network deductibles range from \$2,000 to \$15,000

Whether you're self-employed, an early retiree, or work for a company that doesn't offer group health insurance, look to HumanaOne for you and your family's individual insurance needs.

Our plans make it possible to find the right coverage at a price that fits your budget.

You can also expect:

- › Friendly service every time you need answers on claims, benefits, or payments
- › 12-month initial rate guarantee if you stay in the same area and keep the same benefits
- › Convenient application process over the phone or online (applications are subject to approval)

HumanaOne PPO plans

Portrait: Share 80 Plus Rx Unlimited

		Plan pays for services from NETWORK providers	Plan pays for services from NON-NETWORK providers
Deductible options¹ • per calendar year • copayments do not apply	• individual	\$1,000/\$2,500	\$2,000/\$5,000
	• family (two family members must each meet their individual deductible)	\$2,000/\$5,000	\$4,000/\$10,000
Deductible carryover	Covered expenses incurred in the last three months of the calendar year and applied to the deductible will be credited to the next calendar year deductible.		
Office visit copayment		\$35 primary care/\$50 specialist unlimited visits for illness or injury	Not applicable
Coinsurance out-of-pocket limit¹ • per calendar year • deductibles and copayments do not apply	• individual	\$2,000	\$8,000
	• family	\$4,000	\$16,000
Preventive care	<ul style="list-style-type: none"> preventive office visits child immunizations to age 18 Pap smear and mammogram prostate screening preventive lab and X-ray 	100%	Not covered
Physician services	• office visits (including allergy injections)	100% after office visit copayment	60% after deductible
	• diagnostic lab and X-ray ² • allergy testing	First \$200 per calendar year 100% then 80% after deductible	60% after deductible
	• allergy serum • inpatient and outpatient services • surgery ³	80% after deductible	60% after deductible
Facility services	• inpatient and outpatient services • outpatient surgery ³	80% after deductible	60% after deductible
	• emergency services (copayment waived if admitted)	80% after \$75 copayment per visit and deductible	80% after \$75 copayment per visit and deductible
Rx4 prescription drug⁴ • medical out-of-pocket maximum does not apply	• deductible per individual • copay for each prescription or refill (up to 90-day supply; with applicable copay for each 30 day supply)	Separate \$500 deductible*	
	• copayment maximum (applies to Level 4 drugs only)		
	• benefit per prescription or refill	100% after prescription copayment	70% after prescription copayment
	• mail order (up to 90-day supply)	100% after three times retail copay	70% after three times retail copay
Other medical services • prior authorization required in order to be eligible for these benefits	<ul style="list-style-type: none"> skilled nursing facility (up to 30 days per calendar year) hospice⁵ home health care (up to 60 visits per calendar year) durable medical equipment pregnancy complications and sick baby services 	80% after deductible	60% after deductible
	• transplant services	80% after deductible when services are received from a Humana Transplant Network provider	60% after deductible covered expenses are limited to a maximum allowance of \$35,000 per transplant
Lifetime maximum benefit		Unlimited	
Mental health, chemical and alcohol dependency • medical out-of-pocket maximum does not apply	<ul style="list-style-type: none"> inpatient services outpatient and office therapy sessions 	50% after deductible	50% after deductible
Optional benefits • these are available to add for an additional cost • medical out-of-pocket maximum does not apply to drug coverage	• prescription drug deductible	With this option no deductible is required before Rx benefits are payable	
	• supplemental accident benefit (\$500 or \$1,000) (treatment must be provided within 90 days of the injury)	First \$500 per accident at 100%, then base plan benefits apply or First \$1,000 per accident at 100%, then base plan benefits apply	

Autograph: Share 80 Plus Rx

Monogram: Total Plus Rx

Autograph: Share 80 Plus Rx		Monogram: Total Plus Rx	
Plan pays for services from NETWORK providers	Plan pays for services from NON-NETWORK providers	Plan pays for services from NETWORK providers	Plan pays for services from NON-NETWORK providers
\$5,000/\$6,000	\$10,000/\$12,000	\$7,500	\$15,000
\$10,000/\$12,000	\$20,000/\$24,000	\$15,000	\$30,000
\$35 primary care/\$50 specialist limited to 6 combined primary and specialty care visits	Not applicable	Not applicable	Not applicable
\$2,000	\$8,000	\$0	\$5,000
\$4,000	\$16,000	\$0	\$10,000
100%	Not covered	100%	Not covered
100% after office visit copayment up to 6 combined primary care and specialty care visits, then 80% after deductible	60% after deductible	100% after deductible	75% after deductible
First \$200 per calendar year 100% then 80% after deductible	60% after deductible		
80% after deductible	60% after deductible		
80% after deductible	60% after deductible	100% after deductible	75% after deductible
80% after \$75 copayment per visit and deductible	80% after \$75 copayment per visit and deductible	100% after \$125 copayment per visit and deductible	100% after \$125 copayment per visit and deductible
Separate \$1,000 deductible*		Separate \$1,000 deductible*	
Level 1	Level 2	Level 3	Level 4
\$15*	\$35	\$55	25%
*Level 1 drugs subject to copay, no deductible		*Level 1 drugs subject to copay, no deductible	
\$2,500 per individual per calendar year		\$2,500 per individual per calendar year	
100% after prescription copayment	70% after prescription copayment	100% after prescription copayment	70% after prescription copayment
100% after three times retail copay	70% after three times retail copay	100% after three times retail copay	70% after three times retail copay
80% after deductible	60% after deductible	100% after deductible	75% after deductible
80% after deductible when services are received from a Humana Transplant Network provider	60% after deductible covered expenses are limited to a maximum allowance of \$35,000 per transplant	100% after deductible when services are received from a Humana Transplant Network provider	75% after deductible covered expenses are limited to a maximum allowance of \$35,000 per transplant
Unlimited		Unlimited	
50% after deductible	50% after deductible	50% after deductible	50% after deductible
With this option \$500 deductible is required before Rx benefits are payable		Not available with this plan	
First \$500 per accident at 100%, then base plan benefits apply or First \$1,000 per accident at 100%, then base plan benefits apply		First \$500 per accident at 100%, then base plan benefits apply or First \$1,000 per accident at 100%, then base plan benefits apply	

To be covered, expenses must be medically necessary and specified as covered. Please see your policy for more information on medical necessity and other specific plan benefits.

- When you obtain care from non-network providers:
 - 50 percent of your payment toward the deductible is credited to the deductible for network providers
 - 50 percent of your out-of-pocket costs are credited to the out-of-pocket maximum for network providers

Once you meet your deductible and out-of-pocket expense limits, the plan pays 100 percent for covered services.
- MRI, CAT, EEG, EKG, ECG, cardiac catheterization or pulmonary function studies are subject to applicable coinsurance after deductible.
- Outpatient benefits payable after 90-day waiting period for nonemergency removal of tonsils and/or adenoids, and after 180-day waiting period for nonemergency surgical treatment for disorders of the reproduction organs, varicose veins, hemorrhoids or hernia (does not apply to strangulated or incarcerated hernia).
- If a non-network pharmacy is used you must pay 100 percent of the actual charges and file a claim with Humana for reimbursement. The covered person will also be responsible for 30% of the actual charge made by the dispensing pharmacy, after the applicable copayment.
- Counseling for the hospice patient and immediate family is limited to 15 visits per family per lifetime. Medical Social Services limited to \$100 per family per lifetime.

HumanaOne HSA-qualified HDHP plans

Autograph: Total Plus Rx / HSA

		Plan pays for services from NETWORK providers	Plan pays for services from NON-NETWORK providers
Deductible options¹ • per calendar year	<ul style="list-style-type: none"> individual family² 	\$1,500/\$2,500/\$3,500/\$5,000	\$3,000/\$5,000/\$7,000/\$10,000
Coinsurance out-of-pocket limit¹ • deductibles do not apply	<ul style="list-style-type: none"> individual family 	Not applicable	\$6,000
Preventive care	<ul style="list-style-type: none"> preventive office visits child immunizations to age 18 Pap smear and mammogram prostate screening preventive lab and X-ray 	100%	Not covered
Physician services	<ul style="list-style-type: none"> office visits diagnostic lab and X-ray allergy injections, testing and serum inpatient and outpatient services surgery³ 	100% after deductible	70% after deductible
Facility services	<ul style="list-style-type: none"> inpatient and outpatient services outpatient surgery³ emergency services 	100% after deductible	70% after deductible
Prescription drug	<ul style="list-style-type: none"> retail or mail order benefit for each prescription or refill 	100% after deductible	70% after deductible ⁴
Other medical services • Prior authorization required in order to be eligible for these benefits	<ul style="list-style-type: none"> skilled nursing facility (up to 30 days per calendar year) hospice⁶ home health care (up to 60 visits per calendar year) durable medical equipment pregnancy complications and sick baby services transplant services 	100% after deductible	70% after deductible
Lifetime maximum benefit			Unlimited
Mental health, chemical and alcohol dependency	<ul style="list-style-type: none"> inpatient services outpatient and office therapy sessions 	50% after deductible	50% after deductible
Optional benefits • these are available to add for an additional cost	<ul style="list-style-type: none"> supplemental accident benefit (\$500 or \$1,000) (treatment must be provided within 90 days of the injury) 	First \$500 per accident at 100%, then base plan benefits apply or First \$1,000 per accident at 100%, then base plan benefits apply	

To be covered, expenses must be medically necessary and specified as covered. Please see your policy for more information on medical necessity and other specific plan benefits.

- When you obtain care from non-network providers:
 - 50 percent of your payment toward the deductible is credited to the deductible for network providers
 - 50 percent of your out-of-pocket costs are credited to the out-of-pocket maximum for network providers

Once you meet your deductible and out-of-pocket expense limits, the plan pays 100 percent for covered services.
- For other than single coverage, the family deductible applies. The single deductible applies to single coverage policies only.
- Outpatient benefits payable after 90-day waiting period for nonemergency removal of tonsils and/or adenoids, and after 180-day waiting period for nonemergency surgical treatment for varicose veins, disorders of the reproduction organs, hemorrhoids or hernia (does not apply to strangulated or incarcerated hernia).
- If a non-network pharmacy is used you must pay 100 percent of the actual charges and file a claim with Humana for reimbursement.
- This value-added feature is not insurance. There is no coverage for retail and/or mail order prescription drugs unless stated in the policy.
- Counseling for the hospice patient and immediate family is limited to 15 visits per family per lifetime. Medical Social Services limited to \$100 per family per lifetime.

Autograph: Total / HSA

Plan pays for services from NETWORK providers	Plan pays for services from NON-NETWORK providers
\$2,000/\$3,000/\$4,000/\$5,200	\$4,000/\$6,000/\$8,000/\$10,400
\$4,000/\$6,000/\$8,000/\$10,400	\$8,000/\$12,000/\$16,000/\$20,800
Not applicable	\$6,000
Not applicable	\$12,000
100%	Not covered
100% after deductible	70% after deductible
100% after deductible	70% after deductible
100% after deductible	100% after deductible
Discounts available ⁵	Not covered
100% after deductible	70% after deductible
100% after deductible when services are received from a Humana Transplant Network provider	70% after deductible covered expenses are limited to a maximum allowance of \$35,000 per transplant
	Unlimited
Not covered	Not covered
First \$500 per accident at 100%, then base plan benefits apply or First \$1,000 per accident at 100%, then base plan benefits apply	

HSA-qualified plans

When you select a HSA-qualified High Deductible Health Plan (HDHP), you can open a Health Savings Account (HSA), a personal fund in which you set aside money for qualified healthcare expenses.

A HSA is a tax-free* way to budget and pay for your deductible and other qualified medical expenses. Even if you don't use any healthcare services now, your HSA funds will be there if you need them in the future. Unused funds roll-over year to year.

And, it's easy to use. HumanaOne can provide convenient access to banking partners where you can establish your HSA account. Or, if you prefer, you can select your own bank.

* Varies by state, please contact your tax advisor for tax deductibility.

HumanaOne Individual Dental Insurance



Visit **MyDentalIQ.com** to find out how to improve your oral health. Following a few simple steps could possibly help lower your total healthcare costs over time.

You can choose any dentist, but you can save up to 30 percent on out-of-pocket costs when you visit one of more than 130,000 dentist locations in the PPO network. Visit **Humana.com** to find a dentist.

Annual deductible	\$50 individual / \$150 family	
Preventive services	<ul style="list-style-type: none"> oral examinations routine cleanings x-rays sealants topical fluoride treatment 	100% no deductible
Basic services	<ul style="list-style-type: none"> emergency care for pain relief thumb sucking and harmful habit appliances space maintainers amalgam, composite fillings (front/anterior teeth) oral surgery routine extractions non-cast stainless steel crowns partial or complete denture repairs/adjustments 	50% after deductible
<ul style="list-style-type: none"> six month waiting period applies 		
Major services	<ul style="list-style-type: none"> endodontics (root canals) periodontics crowns inlays and onlays partial or complete dentures denture relines/rebases removable or fixed bridgework 	50% after deductible
<ul style="list-style-type: none"> twelve month waiting period applies 		
Teeth whitening	<ul style="list-style-type: none"> \$200 lifetime maximum 	50% after deductible
<ul style="list-style-type: none"> six month waiting period applies 		
Orthodontia	Members can receive up to 20 percent discount if they visit an orthodontist from the HumanaDental PPO Network and ask for the discount.	
Annual maximum	\$1,000 per covered person	

HumanaOne individual dental insurance is only available with a HumanaOne medical plan.

HumanaOne Individual Term Life Insurance

With HumanaOne term life, you can buy a higher amount of insurance protection at a lower cost. You own the policy and maintain control, providing more flexibility for your family.

Coverage amounts¹	<ul style="list-style-type: none">• Amounts start at \$25,000 and can go up to a maximum of \$150,000
Term levels	<ul style="list-style-type: none">• Ages 18-65 for a 10-year level premium term• Ages 18-60 for a 15-year level premium term• Ages 18-55 for a 20-year level premium term
Rate guarantee	<ul style="list-style-type: none">• Rates are guaranteed for the full term of the policy
Renewals	<ul style="list-style-type: none">• HumanaOne Term Life Insurance is guaranteed renewable to age 95. Premiums after the initial level premium period will increase annually, but are also guaranteed.

¹ By applying for life insurance and health insurance simultaneously you will automatically be approved for up to \$150,000 in life insurance coverage if you are approved for health insurance coverage.

How much life insurance do you need?

One rule of thumb for recommended coverage is a life insurance amount equal to up to 10 times annual income, according to the American Council for Life Insurers. No one guideline applies to everyone, however, because financial situations and goals vary from person to person, and family to family.

To estimate the amount of life insurance you may need, you can use our online life insurance calculator at www.humana-one.com/life-insurance/term-life-insurance.asp and select "life insurance calculator."

Medical limitations and exclusions

This is an outline of the limitations and exclusions for HumanaOne individual health plans. It is designed for convenient reference. Consult the policy for a complete list of limitations and exclusions. Your policy is guaranteed renewable as long as premiums are paid. Other termination provisions apply as listed in the policy.

Eligibility

The issue ages for HumanaOne individual health plans are two weeks to 64.5 years. A dependent child must be less than 26 years of age to apply.

Pre-existing conditions

A pre-existing condition is a sickness or bodily injury which was diagnosed or treated, or which produced signs or symptoms that would cause an ordinarily prudent person to seek treatment, during the five-year period before the covered person's effective date of coverage. Benefits for pre-existing conditions are not payable until the covered person's coverage has been in force for 12 consecutive months with us. We will waive the pre-existing conditions limitation for those conditions disclosed on the application provided benefits relating to those conditions are not excluded. Conditions specifically excluded by rider are never covered. The pre-existing condition limitation does not apply to a covered person who is under the age of 19.

Other expenses not covered

Unless stated otherwise no benefits are payable for expenses arising from:

1. Services not medically necessary or which are experimental, investigational or for research purposes.
2. Services not authorized or prescribed by a health care practitioner or for which no charge is made.
3. Services while confined in a hospital or other facility owned or operated by the United States government, provided by a person who ordinarily resides in the covered person's home or who is a family member, or that are performed in association with a service that is not covered under the policy.
4. Charges in excess of the maximum allowable fee or which exceed any policy benefit maximum.
5. Expenses incurred before the effective date or after the date coverage terminated.
6. Cosmetic procedures and any related complications except as stated in the policy.
7. Custodial or maintenance care.
8. Infertility services.
9. Pregnancy and well-baby expenses.
10. Elective medical or surgical procedures; sterilization, including tubal ligation and vasectomy; reversal of sterilization; abortion; gender change or sexual dysfunction.
11. Vision therapy; all types of refractive keratoplasties or any other procedures, treatments or devices for refractive correction; eyeglasses; contact lenses; hearing aids; dental exams.
12. Hearing and eye exams; routine physical examinations for occupation, employment, school, travel, purchase of insurance or premarital tests.
13. Services received in an emergency room unless required because of emergency care.
14. Dental services (except for dental injury), appliances or supplies.
15. War or any act of war, whether declared or not; commission or attempt to commit a felony or while engaging in an illegal occupation; being intoxicated or under the influence of any narcotic unless administered under the advice of a health care practitioner.
16. Standby physician or assistant surgeon, unless medically necessary; private duty nursing; communication or travel time; lodging or transportation, except as stated in the policy.

17. Nicotine habit or addiction; educational or vocation therapy, services and schools; light treatment for Seasonal Affective Disorder (S.A.D.); alternative medicine; marital counseling; genetic testing, counseling or services; sleep therapy or services rendered in a premenstrual syndrome clinic or holistic medicine clinic.
18. Foot care services.
19. Charges for nonmedical purposes or used for environmental control or enhancement (whether or not prescribed by a health care practitioner).
20. Health clubs or health spas, aerobic and strength conditioning, work hardening programs and related material and products for these programs; personal computers and related or similar equipment; communication devices other than due to surgical removal of the larynx or permanent lack of function of the larynx.
21. Hair prosthesis, hair transplants or implants and wigs.
22. Temporomandibular joint disorder, craniomaxillary disorder, craniomandibular disorders and any treatment for jaw, joint or head and neck neuromuscular disorder.
23. Bodily injury or sickness arising out of or in the course of any occupation, employment or activity for compensation, profit or gain, whether or not benefits are available under Workers' Compensation. This exclusion does not apply to a covered person qualifying as a sole proprietor, officer or partner under state law, and such benefits are not covered under any Workers' Compensation plan, provided the covered person is not covered under a Workers' Compensation plan, except for certain professions or activities as stated in the policy.
24. Attempted suicide or intentionally self-inflicted injury, whether sane or insane.
25. Charges covered by other medical payments insurance.
26. Organ transplants not approved based on established criteria or investigational, experimental or for research purposes.
27. Charges incurred for a hospital stay beginning on a Friday or Saturday unless due to emergency care or surgery is performed on the day admitted.

Additional expenses not covered in the following HumanaOne plans:

Autograph: Share 80 Plus Rx, Portrait: Share 80 Plus Rx Unlimited, Monogram: Total Plus Rx, and Autograph: Total Plus Rx / HSA

1. Any drug, medicine or device which is not FDA approved.
2. Contraceptives other than oral, including implant systems and devices regardless of the purpose for which prescribed.
3. Medications, drugs or hormones to stimulate growth.
4. Legend drugs (prescription drugs) not recommended or deemed necessary by a health care practitioner or drugs prescribed for a noncovered bodily injury or sickness.
5. Drugs prescribed for intended use other than for indications approved by the FDA or recognized off-label indications through peer-reviewed medical literature; experimental or investigational use drugs.
6. Over the counter drugs (except insulin) or drugs available in prescription strength without a prescription.
7. Drugs used in treatment of nail fungus.
8. Prescription refills exceeding the number specified by the health care practitioner or dispensed more than one year from the date of the original order.
9. Vitamins, dietary products and any other nonprescription supplements.
10. Inpatient services when in an observation status or when the stay is due to behavioral, social maladjustment, lack of discipline or other antisocial actions not a result of a mental disorder.

Additional expenses not covered in the following HumanaOne plans:

Autograph: Total / HSA

1. Mental health including mental disorders, alcohol and chemical dependency.
2. Prescription drugs except drugs provided or administered while confined in a hospital or skilled nursing facility, by a home health agency or by a health care practitioner during an office visit and except as stated in policy.
3. Inpatient services when in an observation status or when the stay is due to behavioral, social maladjustment, lack of discipline or other antisocial actions.

Dental limitations and exclusions

This is an outline of the limitations and exclusions for the HumanaOne individual dental plan. It is designed for convenient reference. Consult the policy for a complete list of limitations and exclusions.

Unless stated otherwise, no benefits are payable for expenses arising from:

1. The course of any occupation or employment for compensation, profit or gain, for which benefits are provided or payable under any Workers' Compensation or Occupational Disease Act or Law; or where such coverage was available, regardless of whether the coverage was actually applied for.
2. Services and supplies for which no charge is made, or for which the covered person would not be required to pay in the absence of insurance.
3. Services furnished by or payable under any plan or law through any Government or any political subdivision.
4. Services furnished by any hospital or institution owned or operated by the United States Government, unless legally required to pay.
5. War or any act of war, whether declared or not; or any act of international armed conflict or any conflict involving armed forces of any international authority.
6. Completion of forms or failure to keep an appointment with a dentist.
7. Cosmetic dentistry, except as stated in the policy.
8. Any service related to altering vertical dimension; restoration or maintenance of occlusion; splinting teeth; replacing tooth structures lost as a result of abrasion, attrition or erosion; or bite registration or bite analysis.
9. Bone grafts, regeneration, augmentation or preservative procedures in edentulous sites.
10. Implants, including any crowns or prosthetic device attached to it; precision or semi-precision attachments; overdentures and any endodontic treatment associated with it; or other customized attachments.
11. Infection control.
12. Fees for treatment by other than a dentist, except as stated in the policy.
13. Any hospital, surgical or treatment facility, or for services of an anesthesiologist or anesthetist.
14. Prescription drugs or pre-medications, whether dispensed or prescribed.
15. Any service not listed as a covered expense.
16. Any service not considered a dental necessity, does not offer a favorable prognosis, does not have uniform professional endorsement, or is experimental or investigational in nature.
17. Expenses incurred prior to the effective date or after the date coverage is terminated, except for any extension of benefits.
18. Services provided by a person who ordinarily resides in the covered person's home or who is a family member.
19. Charges in excess of the reimbursement limit for the service or supply.
20. Treatment as a result of an intentionally self-inflicted injury or bodily illness, while sane or insane.
21. Local anesthetics, irrigation, nitrous oxide, bases, pulp caps, temporary dental services, study models, treatment plans, occlusal adjustments, or tissue preparation associated with impression or placement of a restoration, charged as a separate service.
22. Repair and replacement of orthodontic appliances.

Payments (medical and dental)—Network providers agree to accept amounts negotiated with Humana as payment in full. The member is responsible for any required deductible, coinsurance, or other copayments. Plan benefits paid to non-network providers are based on maximum allowable fees, as defined in your policy.

Non-network providers may balance bill you for charges in excess of the maximum allowable fee. You will be responsible for charges in excess of the maximum allowable fee in addition to any applicable deductible, coinsurance, or copayment. Additionally, any amount you pay the provider in excess of the maximum allowable fee will not apply to your out-of-pocket limit or deductible.

Network primary care and specialist physicians and other providers in Humana's networks are not the agents, employees or partners of Humana or any of its affiliates or subsidiaries. They are independent contractors. Humana is not a provider of medical services. Humana does not endorse or control the clinical judgement or treatment recommendations made by the physicians or other providers listed in-network directories or otherwise selected by you.



Insured by Humana Insurance Company or HumanaDental Insurance Company
Applications are subject to approval. Waiting periods, limitations and exclusions apply.

This document contains a general summary of benefits, exclusions and limitations. Please refer to the policy for the actual terms and conditions that apply. In the event there are discrepancies with the information given in this document, the terms and conditions of the policy will govern.

SC-51530-HO 9/10

Policy/certificate numbers: SC-70129 8/2002, et al.; SC-70136 et al.; GN-70141-HD et al.